

Community Update

For further information or to add any additional information to the document please contact your Youth and Community Engagement Workers:

Youth and Community Engagement Workers



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Bolsover & North East

Robyn-Lloyd Davies (FT)
Coming soon!

Erewash

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South Derbyshire & South Dales

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We would like to thank everyone for their support regarding the community updates, and we have amended the document with some of the feedback which we have received. This includes a toolbar on each page which will take you directly to the category that you are looking for.

[Click heading to go to the page and page heading to return to the contents page](#)

[**Foodbanks**](#)

[**Money and Welfare**](#)

[**Housing**](#)

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[**Mental Health and Wellbeing**](#)

[**Health**](#)

[**Staying Active**](#)

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Food banks: Amber Valley

Hope for Belper

Opening times- 12pm- 2pm
every Tuesday and Friday ex-
cept for on Bank Holidays



Referrals from partner agencies, but can take
emergency self-referral if partners unavailable

Belper Baptist Church, 71 Bridge St, Belper,
DE56 1BA

<https://www.facebook.com/hopeforbelper/>

Oscari Pantry

no referrals needed, but there is a small mem-
bership fee and shop donation fee.

Opening times- Tuesdays 10 till 11.30am and
12.30 till 1.30pm

Address- Oscari, Church of Christ, Colledge
street, Riddings, DE55 4EZ

Website- <https://oscari-100193.square.site/>

Facebook- [https://www.facebook.com/](https://www.facebook.com/Oscarisocial)
[Oscarisocial](https://www.facebook.com/Oscarisocial)



Salcare

Walk-in and referrals from part-
ner agencies



Emergency food for single people
and families – either walk in or be
referred by other agencies (social
care, refuges, drug and alcohol services, etc).

It is helpful if you can bring your own bag.

Location- Salcare, 59 Ray Street, Heanor, DE75 7GF

Opening time-Every Tuesday and Friday from 10am to
1pm

Email- enquiries@salcare.org.uk

Website- <https://www.salcare.org.uk/food-bank>

St Andrews Foodbank—Langley Mill

Contact number-**07552 781656**

Address- Anglican Methodist Church, Station Road, Lang-
ley Mill, Derbyshire, NG16 4BP

Website: [https://www.standrewsonline.org.uk/](https://www.standrewsonline.org.uk/notice.php)
[notice.php](https://www.standrewsonline.org.uk/notice.php)

Opening Times- Fridays 1.30pm till 4pm



South Normanton Food Bank

St Michaels and All Angels Church
Church Street
South Normanton
Alfreton
Derbyshire
DE55 2BT

01773 810410

[South Normanton Area Foodbank | Helping](#)
[Local People in Crisis](#)

info@southnormantonarea.foodbank.org.uk



Confidential Information and Advice

Free, confidential and independent information and advice service for those over 50 or their carers/relatives. Age UK Derby & Derbyshire, 29a Market Place, Heanor, Derbyshire, DE75 7EG.

Call—01773 768240

[Age UK Derby & Derbyshire | Information and Advice Services](#)



Citizens Advice

For free, independent, confidential and impartial advice

Heanor, Belper

Call— 0300 456 8390

[Citizens Advice Bureau \(Belper\) | Profile Page On Amber Valley Info](#)

[Turn2Us - Advice Finder - Citizens Advice Derbyshire Districts \(Heanor\) - Heanor](#)



Amber Valley Borough Council– Financial Support

There is a range of grants and funding schemes available to Amber Valley residents that help reduce fuel bills and assist in the delivery of energy-saving measures that help improve the quality of life of many local people.

Town Hall, Market Pl, Ripley DE5 3BT

01773 570222

[Help available for Amber Valley residents](#)



Rural Action Derbyshire– Financial Support and Advice in Amber Valley

Support Services Amber Valley

[Download.ashx \(ruralactionderbyshire.org.uk\)](#)



Housing: Amber Valley

Disabled Adaptations

Amber Valley Borough Council are working with Derbyshire County Council to make sure that aids and adaptations are provided for clients that need access to their home or to access services within the home. The service can be accessed through Call Derbyshire.

01629 533190

Homelessness and homeless prevention

You can take a look at more information on this webpage about your own circumstances. If you need any more help you can contact us

housing.solutions@ambervalley.gov.uk or call
01773 84140

Amber Valley Foyer Project

Amber Valley Foyer exists to provide housing and training opportunities to young homeless people (16-24 yrs) in Amber Valley.

<http://www.homelessuk.org>

avprojects@riverside.org.uk



Risk of Eviction

Derbyshire Law Centre are available to take calls: Monday to Friday from 9.30am to 4.30pm
on:Telephone: 01246 550674

Freephone: 0800 707 6990

SMS/Text: 07781482826

Text Box: 018001 01246 550674

Alternatively you can email:
dlc@derbyshirelawcentre.org.uk

Amber Valley BC part fund CallB4UServe to support landlords with queries

helen.scott@derby.gov.uk 01332 641408

[Housing advice in Amber Valley | Categories | Derbyshire Law Centre®](#)



P3—Amber Valley

If you are not rough sleeping, but still experiencing homelessness, for example you are sofa surfing or being threatened with homelessness, it is important for you to get in touch with your local homeless team.

[Derbyshire Outreach Team \(DOT\) - P3 \(p3charity.org\)](#)

E: housing.solutions@ambervalley.gov.uk

P: 01773 570222



Amber Valley– Social Rented Housing

Most social rented housing is accessed through [Home-Options](#), the choice based lettings scheme for the Amber Valley area.

Social landlords advertise their available properties on the Home Options website www.home-options.org/choice/. You can then search for a property that meets your needs, in a place where you want to live.

[Social rented housing \(ambervalley.gov.uk\)](#)

Mental Health & Emotional Wellbeing for young people: Amber Valley

Infinite Wellbeing



Our aim is to share knowledge and tools for managing wellbeing, so children, adults, and families can understand, maintain, and improve their wellbeing, and enjoy the best in life.

[Wellbeing programmes and activities | Infinite Wellbeing | England \(infinite-wellbeing.co.uk\)](#)

NHS Derbyshire Healthcare

Ripley Town Hall (first floor)
Market Place
Ripley
DE5 3BT

Call 0300 123 2678

[Amber Valley team :: Derbyshire Healthcare NHS Foundation Trust \(derbyshirehealthcareft.nhs.uk\)](#)



Derbyshire Healthcare
NHS Foundation Trust

Compass

We help you build your skills to cope with: Low mood; sadness, low motivation; Mild to moderate anxiety; worries, irrational fears and concerns; Common challenging behaviours: angry outbursts, pushing boundaries, frustration and distress Family and peer relationship difficulties; Difficulty adjusting to change and transition; Difficulty managing emotions.

Compass Changing Lives comprises of nine Mental Health Support Teams in Derby, Erewash, Bolsover, the Derbyshire Dales, Chesterfield and the Amber Valley.

[Compass Changing Lives - Compass \(compass-uk.org\)](#)



CAMHS Amber Valley

CAMHS stands for Child and Adolescent Mental Health Services. We support children and young people aged 0-18 (and their families) with a wide range of mental health difficulties

Rivermead, Goods Road, Belper, Derbyshire DE56 1UU

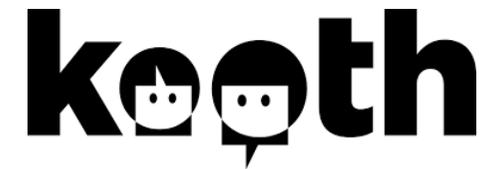
01773 880554

CAMHS
Child and Adolescent
Mental Health Services

KOOTH

The Kooth service provides free, online mental health and wellbeing support from accredited counsellors for 11-25 year olds in Derbyshire including Amber Valley from 12 noon until 10pm on weekdays and 6pm-10pm on weekends. Additionally, the service will provide 24/7 access to online forums where concerns and relevant articles can be shared and discussed

[Home - Kooth](#)



QWELL

Whatever's on your mind, we're here to listen
Free digital mental wellbeing support for adults across Derbyshire including Amber Valley

[Home - Qwell](#)



Callums Voice CIC

- Improving public understanding of Autism and mental health conditions.
- Empowering children and young people with Autism and mental health conditions to build on their strengths to achieve their potential.
- Promoting good mental health for children, young people and families.

Room 10, Alfreton House, High Street, Alfreton, Derbyshire, DE55 7HH

Tel: 01773 688026

Email: admin@callumsvoice.org.uk



Rethink-Ripley

We support people who are having difficulties with their mental health across the whole spectrum of mental illnesses. We do this by offering targeted goal-focused support, developing peer support and volunteer opportunities across Derbyshire, and also peer support groups where there is a need

01773 734989

DerbyshireRecoveryPeerSupportService@rethink.org

[Derbyshire Recovery and Peer Support Service \(rethink.org\)](http://Derbyshire Recovery and Peer Support Service (rethink.org))



Mental Health Together – Belper

Mental Health Together (MHT) was set up in 2017 to give mental health service receivers and carers a greater say in the services they access; ensuring they are listened to and that their experiences are at the heart of service design and delivery.

Suite 14, Riverside Business Centre, Foundry Ln, Milford, Belper DE56 0RN

01773 880786

Mental Health Together – Healthwatch Derbyshire



Find your nearest GP

[Find a GP - NHS \(www.nhs.uk\)](http://www.nhs.uk)



Derbyshire Healthcare
NHS Foundation Trust

Amber Valley Team

[Amber Valley team :: Derbyshire Healthcare](#)

[NHS Foundation Trust](#)

derbyshirehealthcareft.nhs.uk



Derbyshire Healthcare
NHS Foundation Trust

How to register with a GP

[How to register with a GP surgery - NHS](#)

www.nhs.uk



Derbyshire Healthcare
NHS Foundation Trust

Amber Valley – Sport, Leisure and Wellbeing

Engaging in sport and physical activity can have a significant positive impact on the physical and mental health and wellbeing of residents in Amber Valley. Sports and leisure activities also bring people together, helping to build stronger and more cohesive communities.

[Sport, leisure and wellbeing \(ambervalley.gov.uk\)](http://ambervalley.gov.uk)



Amber Valley
Borough Council

Active Amber Valley

Active Amber Valley is here to support people to enjoy the many benefits which come with getting act.

[Active Amber Valley | Facebook](#)

active
amber valley

Staying Active: Amber Valley

Sen Fit CIC

Fitness, Health and Well-being service for those with Special Educational Needs and Disability

[SEN-Fit cic | Derby | Facebook](#)



GOGA (Get Out Get Active)

[Get Out, Get Active Amber Valley |](#)

[Facebook](#)

[Get Out Get Active - Home](#)



Amber Valley School Sports Partnership

We work alongside schools, community groups, leisure providers, national and government authorities to achieve our aim of improving the lives of local people.

[Upcoming Events – Amber Valley School Sport Partnership CIO \(avssp.co.uk\)](#)



Belper Leisure Centre

Youth Classes: Swimming Club, Canoeing, Belper Sports FC, Belper Sports Ladies FC, Kick-boxing, Kids Gym Classes, Tae Kwon-Do, Dodgeball, Volleyball

[Belper Leisure Centre](#)



Ripley Leisure Centre

Active—Play and Bounce, Family Swimming, Junior Gym Sessions,

[Ripley Leisure Centre | Ripley – Places Leisure](#)



Alfreton Leisure Centre

Trampolining, Gymnastics, Play and Bounce

[Children | Alfreton Leisure Centre | Alfreton – Places Leisure](#)



William Gregg Leisure Centre—Heanor

Play and Bounce, Swimming



Full Power Fitness

01773 531934

Youth Boxing/ Gym

[Full Power Fitness – Full Power](#)



Amber Valley - Get Out Get Active

Get Out Get Active (GOGA) is an exciting programme that supports disabled and non-disabled people to enjoy being active together.

01773 570222

GOGA@ambervalley.gov.uk

[Get out get active GOGA \(ambervalley.gov.uk\)](http://ambervalley.gov.uk)



Funded By



Domestic Abuse: Amber Valley

Salcare– Domestic Violence Support

We are constantly developing our ESCAPE services to meet your needs. We have people on hand to support all genders and all communities.

01773 765899

referrals@salcare.org.uk

Domestic Abuse Support - Salcare

Community Room, 59 Ray Street, Heanor DE75 7GF



Salcare– McKenzie Friend Service

Escape's McKenzie Friend service supports individuals who are currently attending family court or who are in the process of making applications for legal proceedings.

01773 765899

McKenzieFriend@salcare.org.uk

McKenzie Friend Service - Salcare



Art Psychotherapy - Salcare

Art Therapy is a psychotherapy service for children and young people aged 6 – 18 years old. Our criteria for referrals is that the individual must live in the Derbyshire area and that they have witnessed, been involved or lived in a house where there has been Domestic Abuse, current or historic.

01773 765899

ArtTherapy@salcare.org.uk

Art Psychotherapy - Salcare

LGBTQ+ Project Worker– Salcare

LGBTQ+ project workers support and liaise with youth groups and organisations to develop an environment where young people can seek support and guidance surrounding domestic abuse, and more specifically domestic abuse within the LGBTQ+ community.

01773 765899

LGBTQ+ Project Worker - Salcare



Sexual Abuse: Amber Valley

Sexual Health

Use our online services via the Your Sexual Health Matters website www.yoursexualhealthmatters.org.uk

Contact: Lauren Attack

Sexual Health Promotion Practitioner (South Derbyshire, Erewash and Amber Valley)

Phone: **07768036923**



Salcare

Useful links regarding Sexual Abuse Support.

[Useful Links - Salcare](#)



Salcare – IDVA Service

Our Independent Sexual Violence Advisor (ISVA) service offers free and confidential support for anyone in Derbyshire who has experienced rape, sexual abuse or sexual violence.

01773 765899

[IDVA Service - Salcare](#)



Amber Valley Borough Council - Community Safety Team

Our community safety team can be contacted directly on **01773 570222** ext 1652, or emailed at communitysafety@ambervalley.gov.uk.

Please note that the extension number and email inbox is only monitored during our [office opening hours](#).



Amber Valley
Borough Council

GRID

leading group work around the themes of addiction / recovery / mental health. There is the opportunity for one to one sessions and Support Workers who can support with practical issues i.e. housing, food, appointments. Also CAB will support with benefits, debt issues etc.

[Recovery Plus Specialist Worker | The Brook](#)

[Community Church and Centre](#)

growingrecoveryinderbyshire.co.uk

recoveryplus@thebrookcc.co.uk



Drug and Alcohol Rehab in Amber Valley

Find drug and alcohol rehab or outpatient treatment in Amber Valle

[Drug & Alcohol Rehab in Amber Valley - Rehab 4 Addiction](#)



Derbyshire Recovery Partnership- Ripley

Do you, or someone you know, have problems with Alcohol or Drugs and are finding that this is causing you problems?

17 Church St, Ripley DE5 3BU

01773 744594

[Home | Derbyshire Recovery Partnership](#)

**Derbyshire
Recovery
Partnership**



CGL - Change, Grow and Live Drop in Belper

We support young people in Derbyshire who are using drugs or alcohol, feel they have a problem and want some help.

The Drop Inn Unit 1, Belper DE56 1UQ

01773 303646

[Young People's Service, Derbyshire](#)
changegrowlive.org



**Change
Grow
Live**

Active Partners Trust

The Active Partners Trust have some re- sources which they are happy to put to- gether as packs which would be suitable for individuals of varying ages.

jon.sparkes@activepartnerstrust.org.uk

[Junction Arts | Junction Arts - Dis- cover Arts Award Online now!](#)



Derbyshire Carers Association

Here at Derbyshire Carers Association we provide a host of services to support unpaid Carers across the county of Derbyshire

- Adult Carer Support
- Young Carers Service
- Young Adult Carers

Head Office

Ripley, Derbyshire Carers Association, 3 Park Road, Ripley, DE5 3EF

Tel: **01773 833833**

Email: info@derbyshirecarers.co.uk [Homepage \(derbyshirecarers.co.uk\)](http://derbyshirecarers.co.uk)



Derbyshire Parent and Carer support groups of children and young people

[Parent Carers factsheet.pdf \(derbyshirecarers.co.uk\)](#) -

Services included in this Fact sheet include support groups in Amber Valley



Activities for Children and young People:

Amber Valley

Blend Youth Project

Check out Social Media, and their website for there weekly schedule.

Youth Groups - Ripley and Crich,
Youth Drop in's—Heanor and Ripley

Outreach—Belper Parks Estate,.

[Blend Youth Project](#)



The Old Farm Bus

Youth Group/ Events, Family events for all
ages—Belper and Ripley ,

[The Old Farm Bus | Facebook](#)



LGBT+ Collective

Inclusive youth clubs

Belper, Heanor, Ripley, Matlock, Swadlincote

[LGBT COLLECTIVE » A new LGBT provision for](#)

[Derbyshire groups, support and events](#)



Childrens Saturday Club—Ripley

Supporting Children and young people between 8 and 14 who have been diagnosed with Autism,

10-12 spaces are

available for each

session. 10 am—4pm

every other Saturday

01773 741221—

enquiries@derbyshireautismservices.org Unit

3a, Unicorn Business Park, Ripley, DE5 3EH-



Ripley Youth Hub

Free, fun activities for 11-18 year olds

Details are shown on the poster.

[Ripley Youth Hub \(ripleytowncouncil.gov.uk\)](http://ripleytowncouncil.gov.uk)

RIPLEY YOUTH HUB
free, fun activities for 11-18 year olds
Wednesdays 5-7pm
AT GREENWICH PARK COMMUNITY CENTRE,
NOTTINGHAM ROAD, RIPLEY
Book your place here...
www.ticketsource.co.uk/ripley-youth-hub-with-blend
Places must be booked beforehand as spaces are limited
More info...
www.ripleytowncouncil.gov.uk/local-services/ripley-youth-hub
Thanks to funding from:
Ripley Town Council, Derbyshire County Council, Department for Communities and Crime

Alfreton Education Centre

We operate from adult community education (ACE) centres around Amber Valley. Our bases details are below

Church Street, Alfreton, DE55 7BD

email: alfreton.ace@derbyshire.gov.uk

Tel: **01629 533090**



Employment and education officer

Employment and education officers (EEOs) contact young people throughout the county aged between 16 and 18 years old to find out if they are in employment, education or training.

Yvonne Cano-Flatt

tel: **07765 896681**,

email: yvonne.cano-flatt@derbyshire.gov.uk



Job Centre Plus– Alfreton

Tannery House, King St, Alfreton DE55 7AF

0800 169 0190



jobcentreplus

Job Centre Plus– Belper

54 King St, Belper DE56 1PN

0800 169 0190



jobcentreplus

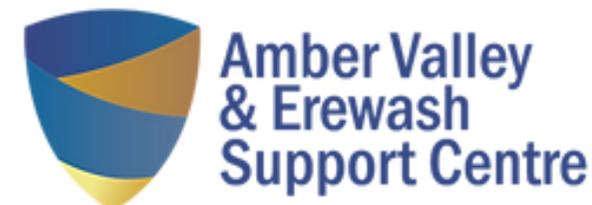
Amber Valley Support Centre

Amber Valley & Erewash Support Centre, Bennerley Avenue, Cotmanhay, Ilkeston, Derby

DE7 8PF

01158 500820

[AP Academy | Amber Valley and Erewash Support Centre | Ilkeston \(avesc.derbyshire.sch.uk\)](#)



Volunteering: Amber Valley

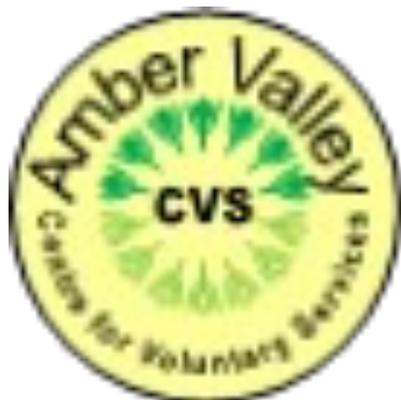
Youth and Community Engagement Workers

If you are interested in volunteering with children, young people or families for Derbyshire County Council Children's Services, please contact: Mikey or Rebecca
Mikey.Heald@Derbyshire.gov.uk Rebecca.Patrick@Derbyshire.gov.uk



Amber Valley CVS

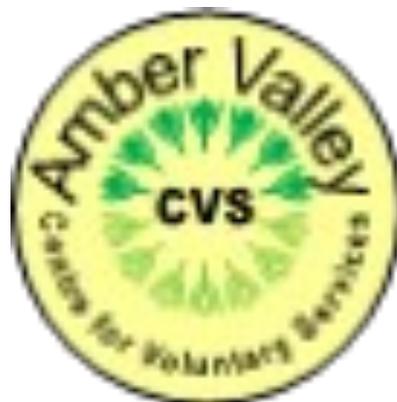
<https://avcvs.org/>



Amber Valley CVS- Volunteer Centre

Volunteering opportunities Part 1

[Volunteering opportunities Part 1 – Amber Valley CVS \(avcvs.org\)](#)



New Parent Support

The Amber Valley Branch is always looking for volunteers to join our friendly team.

You could help out with a pram push fundraising event or by organising a group for new mums and dads? Supporting your local branch is a great way to get out and about with new parents in the area. Just drop us a line to coordinator.ambervalley@nct.org.uk and our friendly volunteering team will get in touch.



Get Volunteering– Find Volunteer Opportunities near you

Search for a local volunteering opportunity

[Search for a local volunteering opportunity - Get Volunteering](#)



Any other Information: Amber Valley

Amber Valley Info

ambervalley.info provides an online gateway to Amber Valley.

Whether you are looking for access to local government services, education, healthcare, local business, charities, local groups, shops, leisure, dining out or just somewhere for a day out, ambervalley.info will point you in the right direction.



*The place to go if
there's something local
you need to know*

Ripley Local Info

We aim to make Ripley a better place.

[Ripley Town Council -
whats on in ripley - Rip-
ley derbyshire](#)



Heanor Local Information

On our website and Facebook page you will find all the information you need to know about your local area and what the Town Council does for you. We hope that you will find our site very useful and informative.

[Heanor and Loscoe Town Council - Home
\(heanorloscoetowncouncil.gov.uk\)](http://heanorloscoetowncouncil.gov.uk)



Heanor & Loscoe Town Council
working for a better community

Belper Local Information

Belper Town Council provides your local services. We strive to make Town a better place to live, work and visit. Our website includes a wealth of information about how we conduct business and what we do.

