



The Ripley Academy and Sixth Form



Executive Headteacher: **Mrs H Frost-Briggs BA (Hons)**
We are **AMBITIOUS**. We are **COMMITTED**. We are **PROUD**.

June 24

Dear Parents/Carers

I would like to introduce myself to you as the Head of Food Preparation & Nutrition at The Ripley Academy.

Food education in schools is essential for your child and an important life skill as they grow up. Excellent food education can promote many things including:

- Promoting healthy eating habits
- Preventing Diet-related diseases
- Teaching key cooking skills
- Exploring different cultures and cultural awareness
- Environmental awareness
- Economic Literacy
- Literacy skills
- Food safety
- Reducing food waste

It is imperative that students apply themselves during both theoretical and practical lessons. To facilitate this and to allow access to the full curriculum it is important for students to bring in the necessary ingredients. Consequently, from September, we will be implementing several new rules for those who do not bring in ingredients.

Students will be allowed three instances where they fail to bring in ingredients before a phone call home is made.

Students who do not bring in ingredients to school will be expected to complete a piece of theoretical work related to the practical element that they will miss.

I am aware of the current cost-of-living crisis and the ever-increasing price of food, both of which have had a significant impact on families. To keep the cost of ingredients down, most recipes that students will be cooking have been designed to feed one person. We will also be offering a chance to purchase different ingredients if they are a niche food item, such as mixed spice or Chinese five spice via Class Charts when available.

Feel free to contact me at sbarlow@ripleyacademy.org should you wish to access financial support or if you have any other queries relating to the purchase of food ingredients.

Thank you for your support in this matter.

Yours faithfully,

S Barlow

Mr S Barlow.
Head of Food Preparation and Nutrition.

